Several years ago, after a lifetime of hard work, both Kathy Myers and her husband were both forced to retire due to health issues. At that point, Kathy knew nothing about affordable housing. Without steady employment, the couple was quickly overwhelmed by the financial burdens of health care and the foreclosure of their home.

When Kathy’s husband died in 2012, she had to learn how to survive on her own.

“Imagine living on a fixed income through retirement such as Social Security without affordable housing; asking yourself if you can afford to pay the rent and all the bills? Which item will you be able to buy this month: food or medicine?” she says.

Terrified by the upcoming reality of being thrown onto the streets, Kathy and her granddaughter looked into affordable living options and finally spoke with the staff at Mountainview Tower Apartments in Cumberland, Maryland.

“They explained that I was eligible for housing assistance, and my worries were finally put to rest. I moved in December of 2016. I felt a great sense of relief as my burdens were lifted. I was at peace and had the best night’s sleep.”

Kathy says she can now eat without wondering where her next meal is coming from or whether she can afford the medicine that she needs. She says she is lucky to have the chance to live in such a wonderful place and meet new people. The community feels like family.

“These communities are a blessing. As seniors, some of us only have each other!”

Kathy emphasizes that there is not enough affordable housing in the United States, especially for veterans. She is very thankful that a community like Mountainview was there to help when she needed it the most. Now, she has a safe and secure place to call home.

**Affordable housing helps to keep people like me off the streets and safe. When you have to choose between medicine, food or place to live, which comes first? I’d hate to think about where I would be without affordable housing.**