

**NAME:**  
Adrian McGilvery

**RESIDENCE:**  
Copeland Manor  
Cooperative  
Apartments

Washington, D.C.  
61 Apartments

**AFFORDABILITY:**  
- Limited-Equity  
Cooperative  
- HUD's Neighborhood  
Stabilization Program

\*Last updated in 2018

# VOICES OUT LOUD

Adrian



McGILVERY

**I had a heart attack, then I had a bypass...I'm on disability now and I might go back to work if I can. But my health means a lot more to me. So right now, affordable housing is what I need.**

Adrian McGilvery was born and raised in Washington, D.C. She attended Drew Elementary School, Roper Junior High, and was a member of the first graduating class from Howard D. Woodson in 1974.

After graduating, Adrian worked at Safeway and took care of her aging mother in their home on B Street.

"I was like 'work, work, work.' I took care of my mom.... I woke up in the morning at four o'clock, I cleaned her, I fed her, went to work. Same thing over and over again."

Over time their neighborhood began to change for the worse. Adrian and her mother didn't feel safe in their home anymore.

"[My mother] had lived there for forty years... It got to be younger families, people hanging out front. She's still thinking, 'Well, I've been living here for forty years so I can still sit here in my white chair,' while they're running around cursing, smoking, drinking...It was too much."

They struggled to find an affordable and safe place to live that was still close by and convenient to public transit, until an opening at Copeland Manor finally provided them with the peace and quiet they had hoped for. Copeland Manor also provided the handicap accessibility Adrian's mother needed.

Soon after moving, her mother's health worsened, and she passed away. A year later, Adrian faced medical problems of her own, and suffered a heart attack and had a quadruple bypass surgery.

After rent, the second largest expense Adrian faces is the utility bill. However, she's thankful that Copeland Manor participates in a Community Solar program. She shares that the renewable energy makes a huge impact on her monthly budget so that she can focus on her health. Even with these saved funds, Adrian says that more than ever she is grateful for the support of Copeland Manor.

**When you are on disability, it's not like I work every day and get a paycheck every Thursday. It is totally different...It is hard to stretch money, so you have to manage it well...If I had to pay more than what I have to pay, I would really be struggling.**